2012 INTEGRATIVE THERAPIES CONFERENCE: Creating a Healing Environment Wednesday, Sept. 19, 2012 7:30 a.m. - 4:30 p.m. The Ohio 4-H Center 2201 Fred Taylor Drive Columbus, OH 43210

Conference Objectives

At the conclusion of this meeting, participants attending this conference will be able to:

- 1. Examine integrative therapies and the supporting evidence with opportunities for interactive learning.
- 2. Identify resources for implementing integrative therapies in the participant's clinical practice.
- 3. Recall and employ concepts of integrative therapies to improve upon their own work-life balance.
- 4. Identify strategies and tactics for merging the current culture of excellent treatment and curing to a culture of personalized caring and healing.

Conference Focus

According to the National Center for Complementary and Alternative Medicine, a Division of the National Institutes of Health, integrative therapies combine mainstream medical therapies with complementary or alternative medicine therapies for which there is high-quality scientific evidence of safety and effectiveness.

As our hospitals become increasingly high-tech, professionals run the danger of becoming distracted by informatics, telemetry and task-driven care. When this happens, not only do patients miss out on opportunities to heal, but caregivers do as well.

Holistic therapies provide an opportunity for each of us to enjoin the therapeutic use of self: bringing all of our energies, focus and skill strengths to the healing encounter. Such a connection helps professionals stay connected to the meaning that drives our work as healers. In this conference, professionals will be given experiences and tools to create therapeutic win-win strategies that result in a healing environment, not only for patients, but for one another as well.

Intended Audience

This conference is designed for professional health care providers who interact directly with individuals or patients in any phase of the healthcare delivery system. Clinical practice areas and units are encouraged to send a team of representatives from the disciplines integral to the care of their patient population. Expectations will be for participants to identify goals and strategies to implement a change in their practice areas.

Accreditation Statement

The Ohio State University Center for Continuing Medical Education (CCME) is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

Nursing Accreditation Statement

The Ohio State University Medical Center Department of Nursing and Patient Education (OH-057/02-01-13) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

AMA Credit Designation Statement

The Ohio State University Center for Continuing Medical Education designates this live activity for a maximum of *7AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

